Normally, expiratory flow returns to the baseline prior to the next breath. In the event that the expiratory flow does not return to the zero line and the subsequent inspiration begins below the baseline, auto-PEEP or air trapping is present.

The presence of auto-PEEP or air trapping may result from:

- Inadequate expiratory time
- Too high a respiratory rate
- Long Inspiratory Time
- Prolonged exhalation due to bronchoconstriction.

The classic sign, known as “Beak Effect” or “Duckbill” shows an increase in airway pressure without any appreciable increase in volume. The baseline of the pressure-time waveform shows slight up and down movements with heartbeat; these may initiate triggering of synchronised breaths.

- Increased airway resistance & decreased lung compliance
- Inadequate inspiratory flow on the pressure-time waveform leads to a ‘scooped out’ appearance to the synchronised breaths
- There is less volume expired than inspired
- Baseline of the pressure time waveform drifts downwards

A significant increase in the PTA is associated with increased airway resistance. The inspiratory time is shorter than normal, indicating a higher inspiratory gas flow rate. An increase in the plateau pressure and a corresponding increase in the PIP is consistent with decreased lung compliance.